



Dear friends and sponsors,

First of all, we would like to introduce to you our two new residents; the alpacas Wayra and Tika, they are part of the Pachachaca family now!

Next to this exciting news, we would like to give you an update about the various projects of Pachachaca after three months of summer holidays. The school year has started again, which means that various other projects started as well. Unfortunately, still in an adapted form, as a consequence of Covid. Sadly, the situation in Peru is still very serious and there is little perspective for things to get better. However, despite the difficult circumstances we are very much looking forward to a new productive year full of new challenges to be overcome, but also with heartwarming collaborations and a lot of creativity. In 2020 we experienced that a crisis can generate a lot of solidarity and we count on that as well for 2021!

Corona-update

As said, after more than a year in emergency state, the situation in Peru is not getting better at all. By now, almost 1,5 million Peruvians have been infected by the virus and more than 50.000 people already died from the disease. At this moment almost 15.000 new cases are registered on a daily basis, but the real number of people infected with corona is most probably much higher. This means we are in the same situation as at the worst moment in August last year: hospitals are overcrowded and vaccination goes slowly, as a consequence of corruption and a lack of organization. It is also important to mention that in April this year elections will take place in Peru. That sadly means that the Peruvian Government is focused on gaining votes by campaigning and undertaking populist actions instead of focusing on the welfare of the Peruvian people. Therefore, hope for improvement of the critical situation of many people is far to be found.





How are the children at the Family Home doing?

Unfortunately, the current situation in Peru made it impossible to go on holidays this year. So, we had to be creative to make the 3 months of summer holidays a bit exciting and interesting. Luckily we live in a beautiful area that we discovered together with the kids by walking, by bike, on a horse and even in the air, thanks to a befriended paragliding instructor. The kids also played basketball and enjoyed dancing workshops thanks to some local volunteers and they participated in a workshop to improve our vegetable garden in an ecological way. Also, in March, we were one of the host organizations for the Latin-American Film Festival for Indigenous Languages, and the children of our home were able to watch different films from all over the continent.

Besides, two teachers came a few hours every day to practice with the children on the school courses they had difficulties with. After a year of online education in 2020 and knowing that also in 2021 they will join online classes at least until August again, it was very helpful and enjoyable for the kids to have some 'live' classes again. Thanks to that they started the new school year better prepared and with more self-esteem. The teachers will continue to accompany the kids during the whole school year.



What does Covid mean for our program for ambulatory assistance to the families of the community?

Covid has affected, and still affects, many of the families we work with, both on an economic, social

and emotional level. Although some families have been able to start generating income again, for some it's still very difficult. The economic crisis, corruption and the lack of social services have caused many families to end up in even more critical situations. That's why we keep helping out those in most need with food packages in exchange for any help they can offer, like working in the vegetable garden.

At the same time, in our program for ambulatory assistance, we keep working with families on various levels, according to their needs. Together with our social workers the families themselves mapped their situation on 7 domains that influence the family's integral health situation: physical health, mental and psychological health, housing situation, income, chances for entrepreneurship, education and social network. With the social workers they work on those aspects that are important for the improvement of their situation.

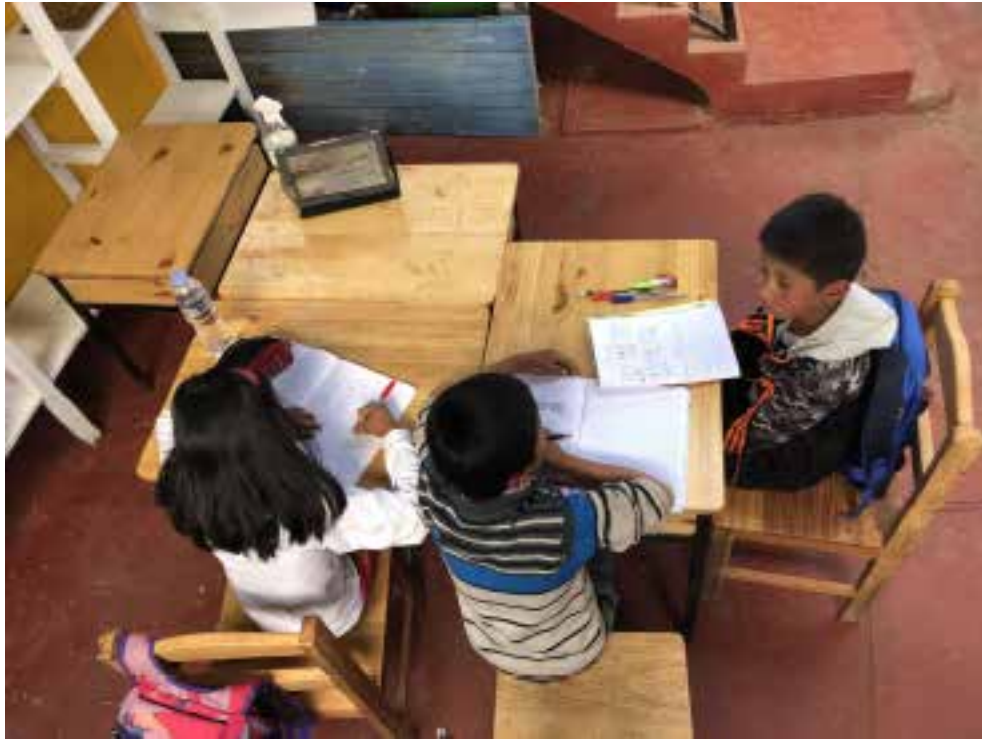
For example, the past few months we worked together with the families to install small vegetable gardens in their houses and to repair and improve the living conditions in cases the houses were unsafe or unhealthy. As an exchange for the food help the families receive, many of them helped out with their labor as carpenter, plumber or constructor.

Besides that many families receive therapy for both adults and their children. Many people cope with psychological problems, stress, depression, learning disorders and in some cases children have light or grave mental and physical disorders. They never received any guidance or therapy before, since there are not such services available in Calca. With special therapists we try to stimulate them as much as possible, so that they can participate as much as possible in their household. For two kids we also bought special shoes and other necessary tools, so that they are able to move a little bit and to stimulate their development.

As the children still cannot go to school, we guide them with their home schooling and homework. For many parents it's very difficult to help their children; their own educational level is not very high and some of them are illiterate, some of them don't speak Spanish and others have to work. The children come in little groups to the Mujer Nueva house to use our tablets and receive guidance from our teachers. Also some of the parents started their classes in March, since also some of them do not know how to read or write. We also teach them basic math, so that they will be able to manage their own income in Mujer Nueva as a cooperative.







Mujer Nueva

Motivated by the difficult circumstances, the women participating in *Mujer Nueva*, started the new year on a roll to be able to generate their own income. On International Women's Day on March 8th, the women started to learn how to bake various artisanal local breads. Now, two weeks later, they regularly receive requests from their own circle of friends and family. What they do differently from most local bakers nowadays is that everything is produced without chemical additives and less sugar, to encourage healthier consumption in their communities.

Furthermore, the women are busy discovering delicious recipes for cakes and pizza, for example. And last year they learned how to make homemade pasta! With all these products together, they will soon offer them to a wider audience by opening a store. We are looking forward to keep working for a future with a better perspective for all!



Snra Amelina:

"For me Mujer Nueva represents a new generation of women that dare to take the lead, like to do business independently and are able to financially support themselves."



Snra Marisol:

"Mujer Nueva gives me hope for the future and I feel supported in life. It is very comfortable to experience economic wellbeing and to receive support in maintaining that."



Snra Dalia:

"With Mujer Nueva I feel supported. It is nice and calm to work together with the women. On top of that I am learning how to generate income for myself independently. I am very thankful for all the ingredients and material to make bread and pasta, it is very nice to learn how to make these products yourself!"



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Thanks for your support, amongst many others:

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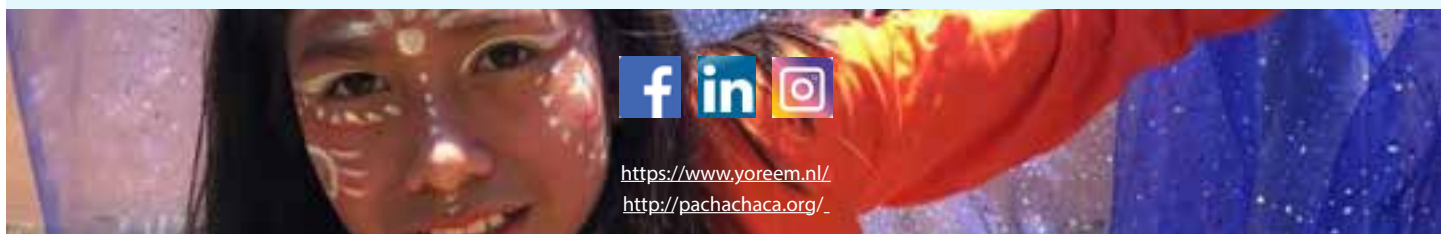
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